

Introduction

The journey to establishing a dental practice can be an incredibly exciting and rewarding experience. Building a practice from the ground up allows you to bring your unique vision to life — designing a space that reflects your values, choosing technology that aligns with your philosophy of care, and creating an environment that supports both patients and staff. The journey can also be complex, involving architectural design, regulatory compliance, equipment procurement, and more. Traditionally, dentists have had to coordinate multiple contractors, leading to project delays, budget overruns, and operational inefficiencies.

A turnkey approach offers a compelling alternative: a single entity manages the entire project—from concept to completion—offering a streamlined, cost-effective, and scalable solution. This whitepaper explores the turnkey model in depth, focusing on how partnering with a dedicated project management firm can simplify the process of setting up a dental practice from scratch.

Establishing a new dental clinic involves far more than clinical expertise—it carries significant risk. From intricate project planning and navigating complex regulations to designing a compliant, functional facility, each step presents potential pitfalls. These responsibilities often fall on dental professionals who may lack the time, resources, or experience to effectively manage such high-stakes challenges.

The turnkey approach, in which a specialised company oversees every aspect of practice development, is rapidly gaining traction.



What is a Turnkey Dental Practice Solution?

A true turnkey solution in the context of dental practice development refers to a comprehensive, end-to-end service package offered by one company. The client, typically a dental professional, entrusts the entire build-out process to this firm, which delivers a fully functional dental practice ready for immediate operation.

Key Components of a Turnkey Approach

- Initial Consultation and Feasibility Analysis
- Site Selection
- Architectural Design and Interior Planning
- Regulatory Compliance and Permits
- Construction and Fit-Out
- Dental Equipment Sourcing and Installation
- Post-Completion Support and Maintenance



Benefits of a

Turnkey Approach



Single Point of Contact

You work with one provider who manages the entire project (design, construction, equipment, compliance, IT, etc.), reducing communication breakdowns and delays.

Time Efficiency

02

Turnkey providers streamline processes and schedules, often completing projects faster than managing multiple contractors.

Cost Predictability

03

Bundled pricing often includes a fixed quote, which can help you avoid unexpected cost overruns.

Expertise & Industry Knowledge

These providers specialise in dental practices, so they understand:

Ergonomic clinical workflows

Regulatory requirements (e.g., infection control, radiology)

Dental equipment integration

Patient flow and privacy concerns

Dental practice design ensuring optimum and compliant layouts

 Emerging concepts and how to incorporate the latest practice innovations

05

Regulatory Compliance

Ensures your practice is set up to comply with building control regulations, x-ray radiation advice, ventilation, CQC guidance, HTM's and technical dental equipment compliance.

06

Reduced Project Management Burden

You can work clinically and continue to earn while the provider handles logistics, contractors, and installations.



07

A single team overseeing the entire project can better maintain quality and vision across all phases.



Summary Table

Aspect	Turnkey Provider	Independent Approach
Project Management	Weekly update meeting, otherwise minimal input from you	High involvement and coordination required on a daily basis
Cost Control	Predicable (but initially premium)	Lower initial cost, higher risk of overruns
Customisation	Moderate (depends on provider)	High, but requires more effort
Time to Open	3-4 months	Often 6 months +
Regulatory Compliance	Take responsibility to get sign-off from Buildling Control	Must research and manage yourself
Quality Control	Standardised, with less oversight needed	Depends on your contractor selection

Best For:

Turnkey: Dentists who want to minimize risk and stress, or are new to practice ownership.

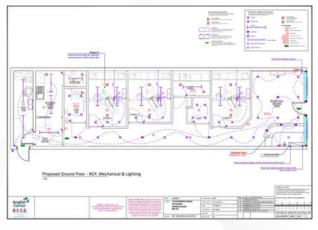
Independent: Experienced owners or those with trusted vendor relationships. Those with the time, resources and experience to effectively manage the risk, finances and complex operational challenges of a project.

Case Study Palm Dental



Dr Michaella & Dr Sejil Karim approached us to design a new squat practice located in Petts Wood, Orpington. They secured their premises, a building which was formerly a shop, enabling the husband and wife team to start their own dental practice from scratch. As busy working dentists, they were looking for a company that could look after everything for them.

We worked to turn their concept for a 3 surgery practice into a reality, talking through the considerations of surgery layout design, ergonomics and creating 3D visuals to bring our designs to life. The practice design was complete with an CBCT room, decon, staff kitchen, 3 surgeries, reception, and a disabled WC.









Site size	100 square metres	
Background to unit	Used to be an estate agent, minimal structural works, almost an empty shell	
Number of surgeries	3 + CBCT room	
Specification	Low-mid	
Total approximate cost	£200,000 + VAT	
Timescale for works	12 weeks	

Anglian Dental's professionalism, attention to detail and dedication to quality was truly impressive. They really wanted to bring our dream into reality. We felt listened to, we felt heard and we had a really good experience.

Dr Michaella & Dr Sejil Kariml



Thinking of launching or upgrading your dental practice? With our turnkey service, you get expert support from concept to completion — saving time, money, and headaches. Explore how our full-service model helps you build a compliant, stunning, and efficient clinic, without juggling multiple contractors.

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